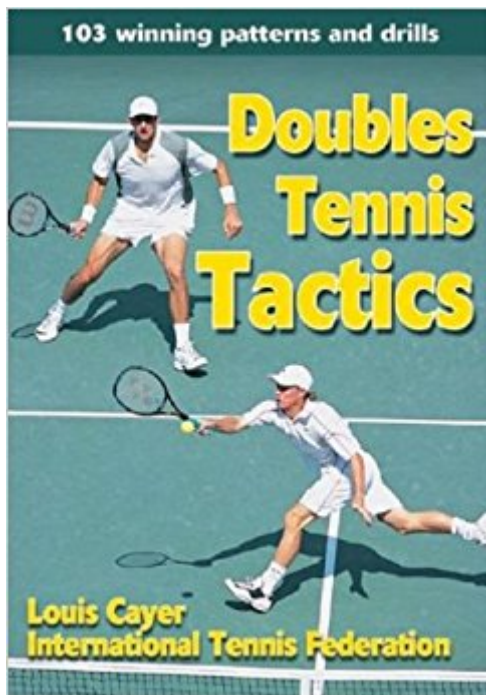




The book was found

Doubles Tennis Tactics



Synopsis

Be part of a winning team on the court! Doubles Tennis Tactics teaches you what positions and movements to use and what shots to make using proven patterns of play. These patterns will increase consistency, put more pressure on opponents, and result in greater success in competitions. Developed in conjunction with the International Tennis Federation (ITF) and world-renowned coach Louis Cayer, Doubles Tennis Tactics presents 103 playing patterns and drills that are most effective in specific match situations. Court positioning and movement patterns are covered for all four players—server, server's partner, receiver, and receiver's partner—as well as court coverage and special formations for the serving and receiving teams. Practice drills reinforce the patterns so that smart tactical decisions become automatic on every point. Study different styles of play and learn how to choose the patterns that will accentuate your own strengths as well as those of your partner. Use Doubles Tennis Tactics to play smarter and better with a partner, and become a winning two-player team!

Book Information

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Customer Reviews

"Doubles Tennis Tactics "teaches the correct court positioning, movement patterns, and shot selection in each situation a doubles team will encounter in a match. These tactics are exactly what a player must master to play winning doubles and mixed doubles tennis." Paola Suarez and Virginia Ruano Pascual
World #1 ranked women's doubles team "Louis Cayer continues to provide leadership through bio-mechanics and tactics in doubles tennis at all levels of the sport. His innovative ideas and strategies are widely respected and have helped me progress to one of the

worlds top players." Daniel NestorNumber one men's doubles player, 2002Men's doubles Olympic gold medalist, 2000 ""Coach Cayer helped me achieve the number one ranking in the world, and now he shares his teachings in "Doubles Tennis Tactics. "The patterns presented in the book worked for me and they will work for any doubles team!"" Grant ConnellCanadian Davis Cup CaptainFormer Number one doubles player, 1993

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Overall content is good. It's mostly drills though with some strategy info in the beginning and end sections.I bought this book, because I saw the video by the same author. I think the video is a more efficient way to understand what he is saying, especially if you are a visual learner.

Delivered in great condition

This is a good book and has saved me from tennis lessons in this down economy.

"Doubles Tennis Tactics" is the most authoritative book written on this subject. Doubles requires specific shot selection, court positioning and movement patterns for each player: the server, server's partner, receiver, and receiver's partner. Louis Cayer, a distinguished coach, analyzes all that in depth. The chapter on playing styles analyzes the strengths and weaknesses of the five major playing styles, and that alone is reason enough for tournament players to buy this book. But the timeless question is: how can teams maximize teamwork to accentuate their strengths and minimize their weaknesses. "Doubles Tennis Tactics" answers that brilliantly with expert tactics as well as

more than 100 drills that will improve the skills and increase confidence so that those tactics work during competition. How do you become better at poaching? What is the I Formation, and why can it be highly effective? What are the best options for the receiving team to neutralize the serving team. Read "Doubles Tennis Tactics" and find the answers to these and many other important questions. You'll be glad you did -- whether you're a tournament player, recreational player or a fan.

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